Survivorship is an essential component of ovarian cancer care.

Components of Posttreatment Survivorship Care
Survivorship care is cancer care that begins at the completion of primary treatment.

Detection / Surveillance
of recurrent cancers, new cancers, and late effects of cancer and its treatment

Intervention
for the long-term and late effects of cancer and its treatment

Prevention
of recurrent and new cancers and other late effects

Coordination
among providers to ensure that all survivors’ health needs are met

Recurrence rates after complete response to primary therapy

~25%
Early-Stage Disease

>80%
Advanced Disease

Surveillance remains a critical need, and monitoring for disease recurrence and follow-up treatment can decrease morbidity

Exercise can improve fatigue, anxiety, depression, self-esteem, happiness, and quality of life in cancer survivors and may even reduce the risk of recurrence

Increased communication with patients can lead to decreased patient distress, better detection of recurrence, and improved quality of life

Both the disease and its treatment can affect every aspect of a patient’s life

Survivorship is a key component of ovarian cancer care

Multifaceted surveillance strategies help to ensure early detection of recurrent disease

Patient communication and coordination among providers help to ensure that survivors’ needs are met

For additional content on this topic, please visit [www.GemstoneOncology.com](http://www.GemstoneOncology.com)

References: