

SURVIVORSHIP IS AN ESSENTIAL COMPONENT OF OVARIAN CANCER CARE



Components of Posttreatment Survivorship Care

Survivorship care is cancer care that begins at the completion of primary treatment



DETECTION / SURVEILLANCE

of recurrent cancers, new cancers, and late effects of cancer and its treatment

INTERVENTION

for the long-term and late effects of cancer and its treatment

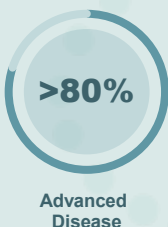
PREVENTION

of recurrent and new cancers and other late effects

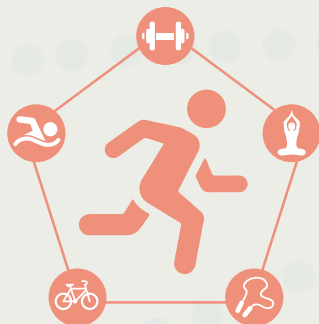
COORDINATION

among providers to ensure that all survivors' health needs are met

Recurrence rates after complete response to primary therapy



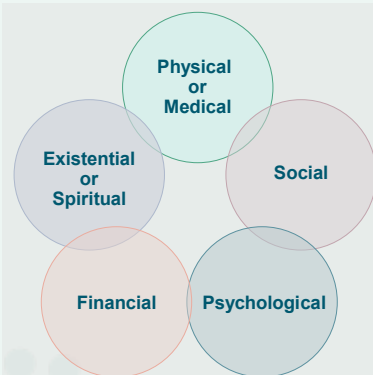
Surveillance remains a critical need, and monitoring for disease recurrence and follow-up treatment can decrease morbidity



Exercise can improve fatigue, anxiety, depression, self-esteem, happiness, and quality of life in cancer survivors and may even reduce the risk of recurrence



Increased communication with patients can lead to decreased patient distress, better detection of recurrence, and improved quality of life



Both the disease and its treatment can affect every aspect of a patient's life

Survivorship is a key component of ovarian cancer care

Multifaceted surveillance strategies help to ensure early detection of recurrent disease

Patient communication and coordination among providers help to ensure that survivors' needs are met

For additional content on this topic, please visit www.GemstoneOncology.com



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References: American Cancer Society. Cancer Treatment & Survivorship Facts & Figures 2016-2017. <https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/cancer-treatment-and-survivorship-facts-and-figures/cancer-treatment-and-survivorship-facts-and-figures-2016-2017.pdf>. Published 2016. Accessed January 17, 2019. Delivering cancer survivorship care. In: Hewitt M, Greenfield S, Stovall E, eds. *From Cancer Patient to Cancer Survivor: Lost in Transition*. Washington, DC: National Academies Press; 2006:190. McCorkle R, et al. *CA Cancer J Clin*. 2011;61(1):50-62. Salani R, et al. *Gynecol Oncol*. 2017;146(1):3-10. Sun V, et al. *J Adv Pract Oncol*. 2015;6(1):64-70. Supportive care along the survivorship trajectory. In: Committee on the State of the Science in Ovarian Cancer Research; Board on Health Care Services; Institute of Medicine; National Academies of Sciences, Engineering, and Medicine. *Ovarian Cancers: Evolving Paradigms in Research and Care*. Washington, DC: National Academies Press. <https://www.ncbi.nlm.nih.gov/books/NBK367609/>. Published April 25, 2016. Accessed January 17, 2019.