PALLIATIVE CARE is supportive care that focuses on the management of symptoms caused by serious illnesses and can be given at any point during the survivorship trajectory. It begins at diagnosis and is applicable at every point in the disease course, even in cases where the goal of therapy is cure.

Steps to Early Integration of Palliative Care

1. Improve and continue education of both the public and healthcare providers regarding the value of these services.
2. Provide the most benefit to patients with advanced ovarian cancer by prioritizing early referrals.
3. Improve education of trainees regarding palliative care and end-of-life care.
4. Lobby for appropriate reimbursement for time-intensive services.

Palliative care involves symptom management, relationship-building, education, and effective communication. Palliative care encompasses much more than end-of-life care. Early patient engagement is important for the integration of palliative care across the continuum of care. Active conversations and early referrals are critical.

References: